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9 **A human pluripotent stem cell-based somitogenesis model using microfluidics**

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SUMMARY

Emerging human pluripotent stem cell (hPSC)-based embryo models are useful for studying human embryogenesis. Particularly, there are hPSC-based somitogenesis models using free-floating culture that recapitulate somite formation. Somitogenesis *in vivo* involves intricately orchestrated bio-chemical and -mechanical events. However, none of the current somitogenesis models controls biochemical gradients or biomechanical signals in the culture, limiting their applicability to untangle complex biochemical-biomechanical interactions that drive somitogenesis. Here we report a new human somitogenesis model by confining hPSC-derived presomitic mesoderm (PSM) tissues in microfabricated trenches. Exogenous microfluidic morphogen gradients imposed on PSM cause axial patterning and trigger spontaneous rostral-to-caudal somite formation. A mechanical theory is developed to explain the size dependency between somites and PSM. The microfluidic somitogenesis model is further exploited to reveal regulatory roles of cellular and tissue biomechanics in somite formation. This study presents a useful microengineered, hPSC-based model for understanding the bio-chemical and -mechanical events that guide somite formation.

INTRODUCTION

The formation of morphological boundaries between developing tissues is an integral mechanism for generating body forms and functions. In particular, formation of somites dictates the body layout of a vertebrate embryo and ultimately the structure of its musculoskeletal system. During somitogenesis, the presomitic mesoderm (PSM), a bilateral strip of mesenchymal tissue flanking the forming neural tube, progressively segments into bilaterally symmetrical epithelial somites in a rostral (R)-to-caudal (C) direction (**Fig. 1a**). New somites are formed at the rostral end of the PSM, where cells undergo mesenchymal-epithelial transition (MET) and coalesce into a rosette-like structure that pulls apart from the PSM. Although theories have been proposed to correlate somitogenesis dynamics with biochemical signals such as antiparallel gradients of FGF / WNT / retinoic acid (RA) along the R-C axis in the PSM[1-4], detailed mechanisms underlying somitogenesis remain elusive owing to the inaccessibility of *in vivo* models for modulating endogenous morphogen gradients, especially for mammalian species. Furthermore, despite that somites acquire their distinct morphology *via* intricately coordinated biomechanical events, the biomechanical driving force leading to somite formation and size regulation remains obscure.

The recent emergence of hPSC-based embryo models opens up exciting opportunities to promote fundamental understanding of human development[5-7]. Particularly, there are hPSC-based somitogenesis models recently developed based on three-dimensional, free-floating cultures that show somite formation[8-12]. However, none of the models controls biochemical gradients or biomechanical signals in the culture, limiting their applicability to untangle complex biochemical-biomechanical interactions that drive somitogenesis. In this work we report a new human somite formation model by mechanically confining hPSC-derived PSM tissues in microfabricated trenches to simulate an essential mechanical boundary condition for PSM development *in vivo*[13,14]. Controlled exogenous microfluidic morphogen gradients are then imposed on the PSM tissues to drive their R-C patterning and trigger spontaneous somite formation, beginning rostrally and extending caudally. Leveraging the compatibility of this human somite formation model with live imaging and biomechanical and molecular characterizations and perturbations, we further experimentally and theoretically explored the mechanical regulators that contribute to somite formation and size regulation.

RESULTS

A hPSC-based, microfluidic somite development model

To model the sculpting of somites, we developed a hPSC-based, microfluidic somite
development model (μSDM). Specifically, μSDM develops in a polydimethylsiloxane (PDMS)-
based microfluidic device containing three channels partitioned by circular support posts (see
Methods for μSDM design considerations; **Supplementary Fig. 1a&b**). Rectangular micro-
trench structures (width: 200 μm; length: 4 mm; depth: 200 μm) at the bottom surface of the
central channel of the microfluidic device are used to position and contain hPSC-derived PSM
tissues, to mimic their geometrical confinements and mechanical boundary condition *in vivo*[13,14]
(see **Methods**). With different signaling molecules supplemented to the two reservoirs of the
central channel, gradients of developmental signals, such as RA, FGF and WNT, could be
explicitly imposed on PSM cells seeded in micro-trenches through passive diffusion
(**Supplementary Fig. 1a&c**). Indeed, passive diffusion assays using fluorescent dextran as a
proxy in the central channel of the microfluidic device confirm the establishment of stable
chemical gradients within about 36 h (**Supplementary Fig. 1c**). Specifically, to derive PSM
cells, H9 human embryonic stem cells (hESCs) in tissue culture plates are treated with a basal
medium (BM) supplemented with CHIR99021 (or CHIR, a WNT activator) and LDN 193189 (or
LDN, a BMP inhibitor), referred herein to as CL medium, for two days (from Day -2 to Day 0;
Fig. 1b and **Supplementary Fig. 1a&d**). On Day 0, hESCs differentiate into PSM cells
expressing TBX6 (PSM-specific marker) but not SOX2 (pluripotency maker) or PAX3 (somite
marker), with TBX6$^+$ PSM cell proportion around 94.4% (**Supplementary Fig. 1d**). TBX6$^+$
PSM cells co-express HOXC9 but not HOXC10, suggesting their thoracic or rostral lumbar axial
identity (**Supplementary Fig. 1d**). PSM cells are collected from tissue culture plates before re-
seeding at a density of 15×10^6 cells mL^{-1} into the central channel of the microfluidic device on
Day 0 in CL medium. Since only interior walls and bottom surfaces of micro-trenches are
coated with Geltrex and thus adhesive to cells, whereas the other areas in the central channel are
coated with bovine serum albumin (see **Methods**; **Supplementary Fig. 1a**), PSM cells loaded
into the central channel are deposited only into micro-trenches and form initial PSM tissues
(**Supplementary Fig. 1e**). On Day 1, Geltrex is loaded into the central channel to establish a
Geltrex overlay for PSM tissues. Simultaneously, PD 173074 (or PD, a FGFR inhibitor) and RA
are supplemented into the left reservoir of the central channel, hereafter designated as the rostral
(R) end, while CHIR, LDN and FGF8 are added to the right reservoir, designated as the caudal

107   (C) end (**Supplementary Fig. 1a**). This way, R-to-C gradient of RA and C-to-R gradients of

108   FGF and WNT signals are established over the length of PSM tissues, mimicking morphogen

109   environments experienced by PSM tissues *in vivo*.

110   Based on brightfield imaging of μSDM development, boundaries splitting PSM tissues

111   into small compartments become visible in rostral μSDM regions from Day 4 onwards and

112   gradually propagate caudally over time (**Supplementary Fig. 1e**). On Day 6, well-defined tissue

113   boundaries separating individual rosette-like structures, indicating successful somite formation,

114   are clearly notable in the rostral half of μSDM (**Supplementary Fig. 1e**). Immunostaining was

115   conducted for TBX6 and PAX3 on μSDM (**Fig. 1c** and **Supplementary Fig. 1g**). On Day 3, R-

116   C patterned expression of TBX6 and PAX3 in μSDM emerges, with cells in the most rostral

117   region expressing PAX3 but not TBX6 (**Fig. 1c**). PAX3$^+$ somitic domain in μSDM expands

118   caudally between Day 3 and Day 6, with concurrent caudal regression of TBX6$^+$ PSM region

119   with a comparable speed (**Fig. 1c&d**). Development of PAX3$^+$ somitic domain precedes somite

120   formation in μSDM (**Fig. 1c&d**). Nonetheless, on Day 3 local cellular compaction and re-

121   organization become evident in rostral μSDM regions (**Fig. 1c**), indicating initiation of MET and

122   somite formation. On Day 6, well separated, mature PAX3$^+$ somites with an epithelial

123   appearance and a closely packed circumferential ring of columnar-shaped cells surrounding

124   small clumps of somitocoel cells are detectable across the entire rostral half of μSDM (**Fig.**

125   **1c&d** and **Supplementary Fig. 1g**). Immunostaining of μSDM on Day 5 for HOXC9 and

126   HOXC10 shows uniform HOXC9 expression yet with a few HOXC10$^+$ cells, confirming the

127   thoracic or rostral lumbar axial identity of μSDM (**Supplementary Fig. 1h**).

128   We next examined gene expression pattern in μSDM by dissecting μSDM into three

129   equal-length segments and collecting them for RT-qPCR (**Supplementary Fig. 1i&j**).

130   Consistent with immunostaining, rostral μSDM segments show greater expression of somite-

131   related markers *PAX3*, *FOXC2*, *MEOX1* and *TCF15*, whereas middle and caudal μSDM

132   segments exhibit higher expression of PSM-related genes *HES7* and *TBX6* (**Supplementary Fig.**

133   **1i,j**).

134   To quantify spatiotemporal dynamics of somite formation, all somites in μSDM on Day 5

135   were split into two groups based on their relative distances to the caudal rosette formation front

136   (**Fig. 1e**). Somites in the rostral half of the rosette-forming domain have an average area of

137   5,973 μm^2 (effective diameter of 87.2 μm; **Fig. 1e**). Somites in the caudal half of the domain,

138   which include relatively newly formed somites, show a smaller average area of 4,257 μm^2

139   (effective diameter of 73.6 μm; **Fig. 1e**). Somite sizes in μSDM are thus comparable with those

140   in CS9-10 human embryos[8,9,11]. Circularities of somites in μSDM on Day 5 are comparable

141   between the rostral and caudal halves of the rosette-forming domain (**Fig. 1e**). Thus, our data

142   suggest that nascent somites in μSDM experiences a growth process that increases their sizes but

143   maintains their shape.

144   Confocal imaging of Day 5 μSDM confirms distant separations of neighboring somites

145   and radial orientations of epithelialized somite boundary cells (**Fig. 1f**). *In vivo*, nascent

146   boundaries between forming somites and the PSM are stabilized by epithelialization of somite

147   boundary cells and assembly of extracellular matrix proteins in between[15]. Thus, we conducted

148   immunostaining of μSDM for fibronectin and ZO1 on Day 3 and Day 5. There is no clear spatial

149   pattern of fibronectin or ZO1 in μSDM on Day 3 (**Fig. 1g**). On day 5, however, assembly of

150   fibronectin is notable between adjacent somites, and ZO1 is evident demarcating the inner

151   surface of epithelialized somite boundary cells, supporting the establishment of apical-basal

152   polarity in individual somites (**Fig. 1g**).

153   Somite formation in μSDM is highly efficient and reproducible (**Supplementary Fig.**

154   **1f**), with about 93.8% samples successfully showing epithelialized rosette structures with well-

155   separated tissue boundaries at the rostral ends.

156   To examine the robustness of μSDM, μSDM protocols were repeated using H1 hESCs

157   and a hiPSC line (see **Methods**). Both H1 hESCs and the hiPSC line generate μSDM with R-C

158   patterned TBX6 and PAX3 expression and well separated, PAX3$^+$ somites at the rostral ends

159   (**Supplementary Fig. 2a**). Progression of somite formation front is comparable between H9 and

160   H1 hESCs and the hiPSCs (**Supplementary Fig. 2b**). Areas of somites in μSDM generated

161   from H9 and H1 hESCs appear to be greater than those from the hiPSC line (**Supplementary**

162   **Fig. 2c**).

163   We also tested different cell seeding densities ranging from 8×10^6 cells mL^{-1} to 25×10^6

164   cells mL^{-1} for H9 hESCs (**Supplementary Fig. 2d**), with data showing little contrast in somite

165   formation propagation speed and somite area in μSDM (**Supplementary Fig. 2e&f**), indicating

166   saturation of cell seeding density in μSDM protocols. Consistently, the thickness of PSM cell

167   layers remaining in micro-trenches on Day 1 appears similar across the three tested cell seeding

168   conditions (**Supplementary Fig. 2d**). Another mechanical factor, micro-trench width, was also

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169   explored (**Supplementary Fig. 2g**). Similar somite area and propagation speed are observed in

170   μSDM generated from 200 μm-, 300 μm- and 400 μm-wide trenches (**Supplementary Fig.**

171   **2h&i**). The 200 μm-wide trenches, which were used in the rest of this study, give rises to

172   approximately 2 rows of somites, whereas wider trenches produce more rows (**Supplementary**

173   **Fig. 2j**). If somite dimension along the R-C axis of the PSM is dictated by extrinsic factors, such

174   as morphogen gradients and forming somite-PSM interactions (more discussions below), we

175   conjecture that the lateral dimension of somites is regulated by intrinsic factors such as tissue

176   surface tension, which prefers a dimensional aspect ratio of unity and leads to similar somite

177   areas across different micro-trench widths. External FGF8 gradients was also modulated for

178   μSDM development (**Supplementary Fig. 2k**). Shallower FGF8 gradients result in expedited

179   somite formation propagation (**Supplementary Fig. 2l**), even though somite areas appear

180   insensitive to FGF8 gradient magnitudes tested (**Supplementary Fig. 2m**).

181   As shown in **Supplementary Fig. 1e**, μSDM is compatible with live imaging. To exploit

182   this advantage, we further conducted brightfield live imaging of developing μSDM

183   (**Supplementary Fig. 5a** and **Supplementary Video 1**). We identified individual somites at the

184   caudal μSDM region and tracked their development from Day 4 to Day 6 (**Supplementary Fig.**

185   **2n-p**). Time-lapse analysis reveals that nascent somites in caudal μSDM regions adopt a small

186   area before growing between Day 4 to Day 6, while circularity of the somites maintains a

187   relatively constant value throughout this time (**Supplementary Fig. 2n-p**), consistent with data

188   in **Fig. 1e**. We further employed a H9-H2B reporter line and tracked cellular dynamics in a

189   forming somite at the rosette formation front *via* confocal imaging. MET-induced cellular

190   compaction and epithelization are clearly evident in the forming somite, leading to a reduced in-

191   plane tissue width and radially reoriented somitic cells setting up its boundary from adjacent

192   somites (**Supplementary Fig. 2q** and **Supplementary Video 2**). Growth of nascent somites

193   following their epithelialization was also observed, with dimensions of both somite and

194   somitocoel increasing over time, likely involving active cell division within the epithelial ring

195   and its lumen expansion (**Supplementary Fig. 2r** and **Supplementary Video 3**). Interestingly,

196   somitic cells in the epithelial ring constantly delaminate and move towards somitocoel cells as

197   either single cells or cell clusters (**Supplementary Fig. 2s** and **Supplementary Video 4**),

198   supporting continuous remodeling and dynamic cell movements within somites.

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Single-cell RNA-sequencing analysis

To investigate dynamics of μSDM development at the transcriptome level, single-cell RNA-sequencing (scRNA-seq) was conducted for Day 2, Day 3, Day 4 and Day 6 μSDM, respectively (**Fig. 2a**). Uniform manifold approximation and projection (UMAP) dimension reduction was conducted for integrated scRNA-seq dataset combining data from all four time points, revealing five distinct mesodermal cell clusters annotated as 'caudal PSM / cPSM', 'rostral PSM / rPSM', 'nascent somite / N-SM', 'early somite / E-SM' and 'somite / SM' based on lineage marker expression patterns (**Fig. 2b-d** and **Supplementary Fig. 3a&b**). A small neuronal cell lineage cluster was also identified (not shown); it was excluded from further analysis for clarity. We speculate that PSM cells seeded on Day 0 might contain a small number of neuromesodermal progenitors which can give rise to neuronal lineages. Most cells in Day 2 μSDM are annotated as cPSM cells (**Fig. 2e**). On Day 3, majority of cells in μSDM are identified as either rPSM or N-SM cells (**Fig. 2e**). Most cells in Day 4 μSDM switch to E-SM identity before progressing to SM fate on Day 5 (**Fig. 2e**). Both cPSM and rPSM clusters show upregulated expression of PSM-related genes such as *TBX6*, *MSGN1*, *RSPO3*, *DLL1* and *HES7* (**Fig. 2f** and **Supplementary Fig. 3a&b**). The rPSM cluster also shows upregulated expression of rostral PSM markers *MESP2* and *RIPPLY2* (**Fig. 2f** and **Supplementary Fig. 3a&b**). The somitic clusters N-SM, E-SM and SM all exhibit elevated expression of somitic markers *TCF15* and *PAX3* (**Fig. 2f** and **Supplementary Fig. 3a&b**). N-SM cluster also shows pronounced expression of *RIPPLY1*, while E-SM cluster is marked by greater expression of caudal somite/rostral PSM markers such as *FOXC2* compared to that of the SM cluster (**Fig. 2f** and **Supplementary Fig. 3a&b**). Expression of *HOX*5-9 genes, but not more caudal *HOX* genes, is evident in μSDM between Day 2 and Day 6 (**Supplementary Fig. 3c**), consistent with immunostaining data in **Supplementary Fig. 1h**. Consistent with other *in vitro* human somitogenesis models[11], RA signaling-attenuating gene *DHRS3* is upregulated in cPSM, whereas RA synthesis-associated genes *ALDH1A2* and *RDH10* show elevated expression in somitic clusters N-SM, E-SM and SM (**Supplementary Fig. 3d**). *FGF3/8/17/18* and *DUSP6*, an FGF signaling target gene, mainly express in cPSM and rPSM (**Supplementary Fig. 3d**).

Cell clustering analysis using UMAP in **Fig. 2a&b** shows cell fate transitions in μSDM from cPSM to rPSM and then somitic fates. Consistently, RNA velocity and pseudo-time analyses confirm a PSM-to-somite cell fate transition developmental trajectory (**Fig. 2c&d**).

231 Along the pseudo-time trajectory, PSM markers *TBX6*, *MSGN1* and *RSPO3* are gradually down-

232 regulated, whereas somitic markers *MEOX1*, *TCF15* and *PAX3* are up-regulated

233 (**Supplementary Fig. 3e**). Some rostral PSM and early somite markers, such as *MESP2* and

234 *RIPPLY1/2*, are transiently up-regulated in rPSM and N-SM cells before decreasing rapidly in E-

235 SM and SM cells (**Fig. 2g** and **Supplementary Fig. 3e**).

236 We also conducted comparative transcriptome analysis, using scRNA-seq data from

237 CS11 *cynomolgus* (*cy*) monkey embryo as a reference[16]. This comparative analysis reveals a

238 reasonable overlap in UMAP projection between μSDM cells and cells from *cy* monkey PSM,

239 nascent somite, and early somite clusters (**Fig. 2h**). On the basis of most variable genes

240 identified from the integrated scRNA-seq dataset combining μSDM and *cy* monkey cells,

241 cPSM/rPSM, N-SM and E-SM/SM clusters in μSDM show the closest correlations with *cy*

242 monkey PSM, nascent somite and early somite cells, respectively (**Fig. 2i**). In addition,

243 expression profiles of essential PSM and somitic markers in UMAP analyses show close

244 similarities between μSDM cells and corresponding *cy* monkey somitogenesis-related cells

245 (**Supplementary Fig. 3f**).

246

247 **HES7 dynamics along the R-C axis**

248 Somitogenesis *in vivo* is a rhythmic process that correlates temporally with a molecular

249 oscillator, or the segmentation clock, acting in PSM cells[17]. The segmentation clock drives

250 dynamic and periodic expression of a number of so-called 'clock' genes, including *HES7*, across

251 the PSM in a C-to-R fashion (**Fig. 3a**). To examine dynamic activities of clock genes in μSDM,

252 a HES7 reporter hESC line[18] was used for μSDM development and imaged with confocal

253 microscopy continuously between Day 2 and Day 4 (**Fig. 3b&c** and **Supplementary Video 5**).

254 Initially, HES7 traveling waves occur at both the rostral and caudal ends of μSDM, moving

255 towards tissue center (**Fig. 3b&c**). This observation is comparable to edge-to-center traveling

256 waves noted in other somite organoids without R-C axial patterning[10]. After initial few

257 oscillations, rostral-to-center HES7 traveling waves dim down by Day 3 (**Fig. 3b&c**). The C-to-

258 R HES7 traveling waves, however, persist, consistent with the establishment of an R-C axis in

259 μSDM by Day 3 (**Fig. 3b&c**). To corroborate this finding, we analyzed mean HES7 intensities

260 in rostral, middle and caudal regions of μSDM (**Fig. 3d**). HES7 oscillation in rostral μSDM

261 regions flattens around Day 3, whereas HES7 intensities in middle and caudal μSDM regions

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262   continue undulating (**Fig. 3d**). To quantitatively analyze C-to-R HES7 traveling waves, we

263   extracted their time intervals and traveling speeds (**Fig. 3b,e,f**). HES7 oscillation periods at the

264   caudal µSDM end start from about 5 h, comparable with the period of human somite formation[18-

265   20], and increases to about 6.8 h on the fifth observed traveling wave (**Fig. 3e**). In contrast, HES7

266   oscillations at the caudal one-third position are notably slower, with its period starting from

267   around 6.7 h and increasing up to 7 - 8 h (**Fig. 3e**). The difference of oscillation clock periods

268   between the two µSDM locations is consistent with decreasing HES7 traveling wave speeds over

269   time (**Fig. 3f**). The increasing oscillation clock periods at caudal µSDM locations are consistent

270   with arrested segmentation clock when PSM cells in caudal µSDM regions transitioning to a

271   somitic fate. The relatively shorter oscillation clock period at the µSDM caudal end is consistent

272   with caudal-most cells in µSDM comparatively closer to the PSM identity. The spatial trend of

273   increasing oscillation clock period in µSDM along its C-to-R axis is also consistent with

274   observations in animal[21] and *in vitro* models[12].

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276   **Biomechanics regulates somite formation**

277   We next utilized µSDM to explore the mechanical regulators that contribute to somite formation

278   and size regulation. To this end, we developed a theoretical model based on the most essential

279   mechanical factors involved in somite formation. At the rostral end of the PSM where cells

280   transition to somitic fates, the cells undergo MET and coalesce into a rosette-like structure that

281   pulls apart from the PSM[22-26]. Somite-forming cell clusters at the rostral end of the PSM

282   spontaneously become more compact, inducing a contractile eigen-strain (an inelastic

283   deformation) on the PSM and producing strain energy. When the strain energy exceeds surface

284   energy required for the formation of a new somite-PSM boundary, the forming somite will

285   delaminate from the rostral PSM and become a nascent somite (**Fig. 4a**). As the length of PSM

286   *in vivo* needs to be compatible with and thus constrained by adjacent tissues in the trunk, it is

287   reasonable to assume that the total length of PSM is fixed during the formation of a new somite,

288   which therefore provides a boundary condition for PSM deformation. Through an energetic

289   analysis (see **Methods**), a scaling law that connects the dimension of nascent somite (d) with the

290   length of PSM (L) is acquired as $d / \lambda = (L / \lambda)^{1/2}$, in which λ is a fitting parameter defined as $\lambda =$

291     $4\gamma / E\varepsilon^{*2}$, with γ being tissue surface energy density, E PSM tissue stiffness, and ε^{*} eigen-strain.

292   Despite its simplistic nature, this scaling law agrees reasonably well with *in vivo* data from

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293   mouse[27,28], chick[28,29], and zebrafish[28,30] embryos (**Fig. 4b**). Furthermore, the scaling law also fits

294   reasonably well with data generated from μSDM, as well as data from human embryo[31] (**Fig.**

295   **4b**).

296   To examine fidelity of the scaling law, biomechanical characterizations were conducted

297   on μSDM. PSM tissue stiffness E in μSDM was determined using atomic force microscopy

298   (**Fig. 4c**). Eigen-strain ε^* was obtained by live imaging of the H2B reporter to record compaction

299   of forming somites (**Fig. 4d**). Together with the λ used for best fitting of the scaling law with

300   available μSDM somite size and PSM tissue length data, the surface energy density of PSM

301   tissue was determined as $\gamma = 4.4$ pN μm^{-1}, which is of a comparable order of magnitude with that

302   measured for zebrafish mesoderm[32] $\gamma = 20.5$ pN μm^{-1}.

303   We next conducted biomechanical, biochemical and genetic perturbation assays to

304   examine how somite formation is regulated mechanically. A cell-stretching device was

305   employed to apply periodic tensile straining with a period of 4 h on μSDM between Day 5 and

306   Day 6 (see **Methods**; **Supplementary Fig. 4a-d**). Somite area in μSDM reduces to 80.7% of

307   control values at a peak strain of 11% and further down to 74.3% under a peak strain of 28%

308   (**Fig. 4e**). When ADH-1, an N-cadherin inhibitor, was supplemented into μSDM culture, which

309   should reduce intercellular surface energy and thereby facilitate somite boundary formation,

310   somite area in μSDM decreases by 26.9% compared to untreated controls, together with a longer

311   rosette-forming rostral region in μSDM (**Fig. 4f**). We next applied Y-27632 (ROCK inhibitor),

312   cytochalasin D (actin polymerization inhibitor) and blebbistatin (myosin inhibitor) to inhibit

313   intracellular cytoskeleton contraction machineries. Somite formation in μSDM is largely

314   abolished under these drug inhibition conditions (**Fig. 4g**). Finally, we applied CRISPR-Cas9

315   gene editing tools to knockout (KO) *TCF15*, a gene involved in regulation of somitogenetic

316   MET[33,34], in H9 hESCs (**Supplementary Fig. 4e**). In *TCF15*-KO mouse embryo,

317   epithelialization of PSM tissue and thus somite boundary formation are disrupted, leading to

318   musculoskeletal patterning defects[33,34]. Consistent with *in vivo* murine phenotype, *TCF15*-KO

319   completely inhibits epithelialization and somite boundary formation in μSDM (**Fig. 4h**).

320

321   **DISCUSSION**

322   Despite its importance in defining the segmented body plan in vertebrate species, it remains

323   challenging to study somitogenesis. Stem cell-based somitogenesis models are promising for

324   advancing fundamental understanding of somitogenesis. However, existing hPSC-derived

325   somitogenesis models lack extrinsic controls of bio-chemical or -mechanical cues, two essential

326   mediators of somite formation, and as such they remain suboptimal for disentangling

327   biochemical-biomechanical interactions that drive the sculpting of somites. The µSDM utilizes

328   microfluidic morphogen gradients and microfabricated cell culture surfaces to effectively

329   reconstruct the missing bio-chemical and bio-mechanical contexts of somitogenesis.

330   Particularly, the µSDM focuses on modeling one important aspect of somitogenesis, somite

331   boundary formation and associated morphogenetic cellular events, which eventually leads to

332   delamination of new somites from the rostral end of the PSM. The µSDM effectively

333   modularizes and thus is useful to decouple some critical molecular and cellular mediators of

334   somitogenesis, such as external morphogen gradients and PSM tissue geometry. The modular

335   bioengineering approaches utilized in the µSDM to decouple and independently control external

336   biochemical gradients and tissue biomechanics are also useful for developing other controllable

337   human embryo and organ models.

338   Other biomechanical aspects of somitogenesis, such as caudal elongation of the PSM, are

339   not recapitulated in current µSDM. Even though HES7 oscillation dynamics along the R-C axis

340   of the µSDM is shown, we are unable to explicitly correlate the segmentation clock with somite

341   boundary formation dynamics in the temporal domain due to imaging limitations. It remains a

342   future goal to apply the µSDM, in conjunction with high-resolution 4D imaging tools and

343   signaling activity reporter lines, to study the interconnection between RA, FGF and WNT

344   pathways and the segmentation clock and how such interactions regulate somite formation at

345   both molecular and cellular scales.

346   Another important aspect about somitogenesis *in vivo* is the dynamic nature of

347   morphogen gradients. As somites form and the PSM grows, FGF and WNT gradients shift

348   caudally. Such dynamic signal gradients are not implemented in the current µSDM protocol but

349   can be incorporated by adjusting morphogen dosages in medium reservoirs over time. As such,

350   different rates and patterns of morphogen gradient shifting can be examined, which should help

351   reveal the dynamic signaling interactions during somite development.

352   Despite its simplistic nature, the theoretical model we report here for somite size

353   regulation based on a fracture mechanics-based framework can properly explain a primary

354   correlation between somite and PSM length scales, thus supporting a pivotal role of mechanics in

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355 regulating somite boundary formation. Nevertheless, our current model is unable to recapitulate

356 some occasional asynchronies between peak PSM length and peak somite size[27,28], which

357 suggests possible existence of secondary scaling. Mechanical gradients along the PSM and

358 viscoelastic properties of mesodermal cells[35] might need to be considered to fully rationalize

359 both long-range interactions among somites, PSM and neighboring tissues, and local cellular

360 activities in the forming somite and rostral PSM region.

361 In this study, we have developed a new hPSC-based, R-C patterned somite formation

362 model. Compared with other existing, free floating culture-based, human somitogenesis models,

363 exogenous morphogen gradients and spatial tissue confinements that somites and the PSM

364 experience *in vivo* are explicitly introduced and integrated in the µSDM system. We further

365 constructed a mechanical theory to explain the size dependency between somites and the PSM.

366 By exploiting the compatibility of µSDM with live imaging and biomechanical and molecular

367 characterizations and perturbations, we explored and validated the regulatory role of

368 biomechanics in somite boundary formation dynamics. We envision that the µSDM will be

369 useful for deconstructing the regulation and dysregulation of somitogenesis and ultimately

370 promoting both fundamental knowledge and modeling of human skeletal and muscular

371 deformities.

372

373 **AUTHOR CONTRIBUTIONS**

374 Y.L. and J.F. conceived and initiated the project; Y.L. designed, performed, and quantified most

375 experiments, including scRNA-seq data analysis and interpretation; Y.L. conducted theoretical

376 modeling; Y.S.K. generated KO hPSC lines; X.X. developed MATLAB scripts for image

377 processing and helped with scRNA-seq data analysis; N.K. and S.S. helped repeat experiments;

378 O.P. provided HES7 reporter line; Q.Y. and O.P. helped with data interpretation and

379 experimental designs; Y.L. and J.F. wrote manuscript. J.F. supervised the study. All authors

380 edited and approved the manuscript.

381

382 **ACKNOWLEDGEMENTS**

395

396   **COMPETING INTERESTS**

397   The authors declare no competing interests.

398 **FIGURE LEGENDS**

399 **Figure 1. A hPSC-based, microfluidic somite development model (μSDM). a**, (top) Sagittal

400 view of a vertebrate embryo showing somite formation from the presomitic mesoderm (PSM),

401 regulated by opposing morphogen gradients along the rostral (R)-caudal (C) axis. The μSDM is

402 developed to model somite formation from the thoracic / lumbar PSM region, as marked in the

403 dashed box. (Bottom) Transverse section of the trunk showing a somite (cyan) mechanically

404 confined by adjacent tissues during its development. **b**, Schematics showing μSDM

405 development protocol. See **Methods** for μSDM design considerations. hPSC-derived PSM

406 tissues are confined in microfabricated open trenches, before 3D gel overlay and microfluidic

407 morphogen gradients are imposed on PSM tissues to establish an R-C axis and drive spontaneous

408 somite formation, beginning rostrally and extending caudally. **c**, Representative stitched

409 confocal micrographs showing μSDM on Day 3 and Day 5 stained for PAX3 and TBX6. Cell

410 nuclei were counterstained with DAPI. Zoom-in views of boxed regions are shown at the

411 bottom. Scale bars, 100 μm for full-tissue images and 50 μm for zoom-in images. **d**, Bar plot

412 showing spatial patterns of somite formation and PAX3 and TBX6 expression in μSDM as a

413 function of culture day as indicated. $n_{\mu SDM} \geqslant 10$ for each day, and data are plotted as the

414 mean ± s.d. **e**, (top) Area and circularity of individual somites between the rostral end and rosette

415 front in μSDM on Day 5. (bottom) Data from the rostral and caudal halves within this somite

416 formation regime are grouped and analyzed respectively. $n_{\mu SDM} = 12$, and $n_{somite} = 140$ for rostral

417 halves and $n_{somite} = 163$ for caudal halves. Boxes and bars indicate interquartile ranges and

418 median values, respectively, and squares and error bars indicate the mean ± s.d. Two-sample t-

419 tests for somite area comparison ($P = 1.5 \times 10^{-13}$) and for somite circularity comparison ($P =

420 0.20$). **f**, Representative confocal Z-stack images showing individual somites in μSDM on Day 5

421 stained with DAPI. Scale bar, 100 μm. **g**. Representative confocal micrographs showing rostral

422 regions of μSDM on Day 3 and Day 5 stained for fibronectin and ZO1 as indicated. Scale bars,

423 100 μm.

424

425 **Figure 2. Single-cell transcriptomic analysis of μSDM. a-d**, UMAP embedding of integrated

426 single-cell transcriptome dataset of μSDM on Day 2 ($n_{cell} = 3,259$), Day 3 ($n_{cell} = 3,808$), Day 4

427 ($n_{cell} = 3,620$) and Day 6 ($n_{cell} = 3,634$), color-coded by μSDM culture time (**a**), cell identity

428 annotation (**b&c**) and pseudotime (**d**). RNA velocity vectors projected onto UMAP embeddings

15

429 in **c** show major cell progression directions in transcriptional space. Start and endpoints of

430 arrows indicate observed-current and predicted-future cell states, respectively. **e**, Proportions of

431 different cell types in μSDM over time. **f**, Dot plot showing expression of key marker genes

432 across different cell clusters in μSDM. Dot sizes and colors indicate proportions of cells

433 expressing corresponding genes and their averaged scaled values of log-transformed expression,

434 respectively. **g,** Expression dynamics of key marker genes in μSDM along the pseudotime

435 trajectory corresponding to **d**. Color bars above the heat map indicate pseudotime and cell

436 identity as indicated. **h,** (top) UMAP projection of integrated scRNA-seq dataset from μSDM

437 and somitogenesis-related cells from a CS11 monkey embryo[16]. (middle/bottom) UMAP

438 projections of datasets from μSDM and the CS11 monkey embryo, separated from the integrated

439 UMAP plot on the top, with cell identity annotations indicated. **i,** Pearson's correlation analysis

440 of μSDM cell clusters with somitogenesis-related cell clusters in the CS11 monkey embryo.

441 Correlation coefficients between indicated μSDM and monkey cell clusters are calculated based

442 on variable genes identified from the μSDM/monkey somitogenesis-related cell clusters

443 (**Supplementary Table 2**). cPSM, caudal PSM; rPSM, rostral PSM; N-SM, nascent somite; E-

444 SM, early somite; SM, somite.

445

446 **Figure 3. *HES7* dynamics during μSDM development.** **a**, Schematics of oscillation and

447 propagation of *HES7* expression in the PSM during somitogenesis *in vivo*. **b**, Time-lapse images

448 showing development of μSDM using a *HES7* reporter line between $t = 48 - 96$ h. A dashed

449 curve marks a non-oscillating region at the rostral end of μSDM. Traveling waves of *HES7*

450 expression are marked by dashed lines with arrows. Oscillation periods at the caudal end (*P1* -

451 *P5*) and the caudal one-third point (*P1** - *P5**), and the wave speed between the two points (*V1*-

452 *V6*) are marked and defined, respectively. Scale bar, 200 μm. **c**, Heatmap showing *HES7*

453 intensity along μSDM length over time. *HES7* intensity is averaged across the micro-trench

454 width. **d**, Mean *HES7* expression within the rostral, middle, and caudal one-third of μSDM as a

455 function of time. Light grey lines indicate *HES7* expression dynamics of individual μSDM while

456 colored lines represent averages. $n_{μSDM} = 3$, and shaded areas indicate s.d. **e**, Oscillation period

457 of *HES7* at the caudal end (*P1* - *P5*) and the caudal one-third point (*P1** - *P5**). Data are plotted

458 as the mean ± s.d., with $n_{μSDM} = 3$. **f**, Propagation velocity of *HES7* expression waves traveling

16

459   from the caudal end to the caudal one-third point. Data are plotted as the mean ± s.d., with $n_{\mu SDM}$

460   = 3.

461

462   **Figure 4. Mechanical modeling, characterization and perturbation of µSDM development.**

463   **a**, Schematics of MET-driven tissue deformation and nascent tissue boundary formation at the

464   rostral PSM, leading to a forming somite delaminating from the PSM. **b**, Scaling law between

465   length scales of a newly formed somite and the PSM derived from mechanical modeling, fitted

466   with *in vivo* data from the zebrafish mouse[27,28], chick[28,29], zebrafish[28,30] and human embryos,[31]

467   and µSDM data. Data from µSDM were obtained from $n_{\mu SDM} = 26$ on Day 4, 5 and 6. **c**,

468   *Young*'s modulus measured by atomic force microscopy (AFM) for µSDM regions with and

469   without rosette formation as indicated on Day 5. $n_{\mu SDM} = 2$. **d**, (left) Live imaging of µSDM

470   development from a H2B reporter line showing compaction of a single forming somite between

471   Day 4 and 5. Scale bar, 20 µm. (right) Quantitative data showing projected area compaction of

472   single forming somites in µSDM. $n_{\mu SDM} = 5$. **e**, (left) Representative confocal micrographs

473   showing µSDM on Day 6 stained with DAPI under control and 28% strain conditions. (right)

474   Quantitative data showing projected area of individual somites in µSDM as a function of

475   mechanical strains. Two-sample *t*-tests for control *vs.* 11% strain ($P = 8.8 \times 10^{-14}$), control *vs.*

476   28% strain ($P = 1.3 \times 10^{-25}$), and 11% strain *vs.* 28% strain ($P = 6.4 \times 10^{-3}$). In control group,

477    $n_{\mu SDM} = 36$ and $n_{somite} = 507$; in 11% strain group, $n_{\mu SDM} = 18$ and $n_{somite} = 326$; in 28% strain

478   group, $n_{\mu SDM} = 18$ and $n_{somite} = 376$. **f**, Impact of ADH-1 treatment on µSDM development.

479   (left) Representative confocal micrographs showing µSDM on Day 5 stained with DAPI under

480   control and ADH-1 treatment conditions. (right) Quantitative data showing projected somite

481   area and rosette formation front in µSDM on Day 5 under control and ADH-1 treatment

482   conditions as indicated. For somite projected area data, $n_{\mu SDM} = 14$ and $n_{somite} = 171$ for control

483   group and $n_{\mu SDM} = 13$ and $n_{somite} = 207$ for ADH-1 treatment group. Two-sample *t*-test for the

484   two groups ($P = 3.8 \times 10^{-14}$). For rosette front data, $n_{\mu SDM} = 15$ for control group and $n_{\mu SDM} = 16$

485   for ADH-1 treatment group. Two-sample *t*-test for the two groups ($P = 0.029$). Somite area data

486   in **e** and **f** were measured from full tissues. **g**, Impact of Y-27632 (Y27), cytochalasin D (CytoD)

487   and blebbistatin (Blebb) treatment on µSDM development. (left) Representative confocal

488   micrographs showing rostral regions of µSDM on Day 5 stained with DAPI under different

489   conditions as indicated. While arrowhead marks occasional rosette-like cell organization under

17

490   Blebb treatment. (right) Quantitative data showing rosette formation front in μSDM on Day 5

491   under different conditions as indicated. $n_{\mu SDM} = 13$ (control), $n_{\mu SDM} = 20$ (Y27), $n_{\mu SDM} = 18$

492   (CytoD), and $n_{\mu SDM} = 18$ (Blebb). Two-sample t-tests: control $vs.$ Y27, $P = 4.2 \times 10^{-11}$; control $vs.$

493   CytoD, $P = 2.1 \times 10^{-10}$; control $vs.$ Blebb, $P = 4.0 \times 10^{-9}$. **h**, Effect of *TCF15*-KO on μSDM

494   development. (top) Representative confocal micrographs showing μSDM on Day 5 stained with

495   DAPI under different conditions as indicated. (bottom) Quantitative data showing rosette

496   formation front in μSDM on Day 5 under different conditions as indicated. $n_{\mu SDM} = 18$ for both

497   control and *TCF15*-KO conditions. Two-sample t-test between control vs. *TCF15*-KO

498   conditions ($P < 0.001$). In **c**, **d** and all somite area quantification plots in **e-h**, boxes and bars

499   indicate interquartile ranges and median values, respectively, and squares and error bars indicate

500   the mean ± s.d. In rosette front quantification plots, bars and error bars indicate the mean ± s.d.

501   Scale bars in **e-h**, 100 μm.

502 **STAR METHODS**

503 **RESOURCE AVAILABILITY**

504 **Lead contact**

505 Further information and requests for resources and reagents should be directed to and will be

506 fulfilled by the lead contact, Jianping Fu (jpfu@umich.edu).

507

508 **Materials availability**

509 The cell lines generated in this study will be distributed upon request to other research

510 investigators under a Material Transfer Agreement.

511

512 **Data and code availability**

513 R, Python, and MATLAB scripts used in this work are available from the lead contact upon

514 reasonable request. Data supporting findings of this study are available within the article and its

515 Supplementary Information files and from the corresponding authors upon request. ScRNA-seq

516 data supporting this study's results are deposited at Gene Expression Omnibus with accession

517 number GSE236668.

518

519 **EXPERIMENTAL MODEL AND STUDY PARTICIPANT DETAILS**

520 **Cell lines**

521 Human pluripotent stem cell (hPSC) lines used in this study include both human embryonic stem

522 cells (H9, WA09, WiCell, NIH registration number: 0062; H1, WA01, WiCell, NIH registration

523 number: 0043) and human induced pluripotent stem cells (NCRM1 hiPSC, a HES7-

524 Achilles;pCAG-H2B-mCherry reporter[18]). H2B reporter and *TCF15*-knockout hPSC lines

525 developed based on H9 hESCs are also used in this study. All protocols with hPSCs have been

526 approved by the Human Pluripotent Stem Cell Research Oversight Committee at the University

527 of Michigan, Ann Arbor. All hPSC lines have been authenticated by original sources as well as

528 in-house by immunostaining for pluripotency markers and successful differentiation to the three

529 germ layers. All hPSC lines are maintained in a feeder-free system for at least ten passages and

530 authenticated as karyotypically normal. Karyotype analysis is performed by Cell Line Genetics.

531 All hPSC lines are tested negative for mycoplasma contamination (LookOut Mycoplasma PCR

532 Detection Kit, Sigma-Aldrich).

19

533

Cell culture

535 All hPSC lines are maintained in a standard feeder-free culture system using mTeSR medium

536 (mTeSR; STEMCELL Technologies). H9 and H1 hESCs are cultured in tissue culture plates

537 coated with lactate dehydrogenase-elevating virus (LDEV)-free, hESC-qualified reduced growth

538 factor basement membrane matrix Geltrex (Thermo Fisher Scientific; derived from Engelbreth-

539 Holm-Swarm tumors similarly to Matrigel). NCRM1 hiPSCs are cultured in tissue culture plates

540 coated with hESC-qualified LDEV-free Matrigel (Thermo Fisher Scientific). Cell culture is

541 visually examined during each passage to ensure absence of spontaneously differentiated,

542 mesenchymal-like cells in culture. hPSCs between P50 and P70 are used for experiments.

543

Generation of H2B-eGFP hESCs

545 A CAG-H2B-eGFP H9 hESC line is generated as previously reported[5]. Specifically, H2B-eGFP

546 (Addgene ID: 32610) is PCR amplified and cloned into an ePiggyBac vector with a

547 constitutively active puromycin selection cassette[36]. The plasmid is co-transfected with pCAG-

548 PBase (ePiggyBac transposase helper plasmid, provided by Dr. A.H. Brivanlou at Rockefeller

549 Univ.) into H9 hESCs using Lipofectamine Stem (Thermo Fisher Scientific, STEM00003). Two

550 days after transfection, CAG-H2B-eGFP H9 hESCs are selected with puromycin (1 µg mL^{-1};

551 Thermo Fisher Scientific, A1113803) for 7 days.

552

Generation of *TCF15*-KO hESCs

554 *TCF15*-KO H9 hESCs are generated by targeting exon 1 of *TCF15* gene using CRISPR/Cas9-

555 medited genome editing. Guide RNAs (gRNA) targeting the upstream and downstream introns

556 spanning exon 1 of *TCF15* gene are designed using E-CRISP design tool (www.e-crisp.org/E-

557 CRISP/designcrispr.html). The gRNAs are cloned into PX459-2A-Venus. The list of gRNAs is

558 listed in **Key resources table**. The gRNAs are transfected into H9 hESCs and after 48 h, venus-

559 positive cells are sorted by fluorescence-activated cell sorting (FACS). Sorted cells are plated on

560 a tissue culture plate as single cells. After 7 days, individual hESC clones are isolated and are

561 further genotyped for exon deletion by PCR using the primers listed in **Key resources table**.

562

563 **METHOD DETAILS**

20

Microfluidic device fabrication

564

565 The microfluidic device for μSDM development consists of a polydimethylsiloxane (PDMS)

566 structural layer attached to a PDMS micro-trench layer (**Supplementary Fig. 1a&b**). The

567 PDMS structural layer is generated by mixing PDMS curing agent and base polymer (Sylgard

568 184; Dow Corning) at a ratio of 1:10 before casting PDMS prepolymer onto a microfabricated

569 silicon mold and baking at 110°C for 1 h. Medium reservoirs (6 mm in diameter) and a loading

570 port (1 mm in diameter) are then punched into the PDMS structural layer with Harris Uni-Core

571 punch tools (Ted Pella).

572 To fabricate the micro-trench layer, PDMS molds are first generated by casting PDMS

573 prepolymer with a 1:10 curing agent-to-base polymer ratio onto a microfabricated silicon mold

574 and baking at 110°C for 1 h. Surfaces of PDMS molds are treated with air plasma for surface

575 activation before silanization (Sigma-Aldrich, 448931-10G). The PDMS molds are then placed

576 on PDMS prepolymer (1:20 curing agent-to-base polymer ratio) casted on a glass coverslip,

577 before being baked at 110°C for 1 h. The PDMS micro-trench layers are then obtained after

578 peeling off the molds.

579 Prior to experiments, micro-trenches are filled with 1% Geltrex (*v/v*) at 4°C overnight to

580 coat their interior walls and bottoms. The PDMS micro-trench layers are then immersed in 1%

581 bovine serum albumin (BSA; Thermo Fisher Scientific) solution at room temperature for 30 min.

582 On Day 0, the PDMS structural layer is physically attached to the PDMS micro-trench layer,

583 with micro-trenches visually aligned to be at the center of the microchannel in the PDMS

584 structural layer.

585 The design of the PDMS structural layer includes three parallel channels that are

586 partitioned by circular support posts (**Supplementary Fig. 1a&b**). The central channel in the

587 PDMS structure layer is used for establishing chemical gradients through passive diffusion.

588 Circular support posts separating the central channel from the other two channels are designed to

589 constrain Geltrex solutions loaded into the central channel (see more information below) as well

590 as to prevent air bubble trapping in the central channel during cell and Geltrex loading. The

591 width and depth of micro-trenches are chosen to minimize air bubble trapping in the trenches

592 during cell seeding, whereas the trench length is chosen to ensure sufficient difference in

593 morphogen concentration along the trench length.

594

21

Development of µSDM

Between Day -2 and Day 0, colonies of hPSCs in tissue culture plates are treated with a basal medium supplemented with CHIR99021 (CHIR; 10 µM, STEMCELL Technologies) and LDN-193189 (LDN; 0.5 µM, STEMCELL Technologies), which is referred to as CL medium. The basal medium consists of Essential 6 (Gibco), GlutaMax (Gibco) and antibiotic/antimycotic (Gibco). On Day 0, cells in tissue culture plates are dissociated using Accutase (Sigma-Aldrich) at 37°C for 8 min before being suspended in DMEM/F12 (GIBCO) as single cells. Cells are then centrifuged and re-suspended in CL medium supplemented with Y27632 (10 µM, Tocris) at a density of 15×10^6 cells mL^{-1}. 10 µL cell suspension is then introduced into the central channel of the microfluidic device through its loading port on Day 0. Cells are allowed to settle into micro-trenches for 3 h, before the two medium reservoirs of the central channel are filled with CL medium supplemented with 10 µM Y27632. On Day 1, after aspirating culture medium from the central channel, 70% Geltrex (diluted in basal medium) is introduced into the central channel to establish a 3D culture environment. Starting from Day 1, the rostral reservoir connecting the central channel is filled with basal medium supplemented with retinoic acid (500 nM, STEMCELL Technologies) and PD173074 (400 nM, Tocris Bioscience), while the caudal reservoir is filled with CL medium supplemented with FGF8 (200 ng mL^{-1}, PEPROTECH). Culture medium is then replenished daily.

Immunocytochemistry

To stain µSDM tissues, the PDMS structural layer is first removed from the microfluidic device prior to fixation of µSDM tissues. Cells and tissues are fixed in 4% paraformaldehyde (buffered in 1× PBS) for 12 h, and permeabilized in 0.1% SDS (sodium dodecyl sulfate, dissolved in PBS) solution at room temperature for 3 h. Samples are then blocked in 4% donkey serum (Sigma-Aldrich) at 4°C for 24 h, followed by incubation with primary antibody solutions at 4°C for 24 h. Samples are then labelled with donkey-raised secondary antibodies (1:400 dilution) at 4°C for 24 h. 4',6-diamidino-2-phenylindole (DAPI; Thermo Fisher Scientific) is used for counterstaining cell nuclei. Both primary and secondary antibodies are prepared in 4% donkey serum supplemented with 0.1% NaN$_3$. All primary antibodies used in this study are listed in **Key resources table**.

22

625   To clear µSDM tissues optically after immunofluorescence staining, µSDM tissues are

626   incubated for 60 min in a refractive index (RI)-matching solution comprising 6.3 mL ddH$_2$O

627   (double distilled water), 9.2 mL OptiPrep Density Gradient Medium (MilliporeSigma), 4 g N-

628   methyl-D-glucamine (MilliporeSigma), and 5 g diatrizoic acid (MilliporeSigma)[37]. For each

629   µSDM sample, 50 µL of RI-matching solution is used.

630

631   **Microscopy**

632   Fluorescence imaging is conducted using an Olympus DSUIX81 spinning-disc confocal

633   microscope. To image entire µSDM tissues, an array of partially overlapping images (50%

634   overlap) are taken to cover entire µSDM tissues. Recorded images are stitched together using

635   ImageJ plugin MIST. For z-stacking, images are acquired with a slice thickness of 0.5 µm.

636   Low-magnification brightfield images are acquired using a Labomed TCM 400 inverted

637   microscope equipped with a UCMOS eyepiece camera (Thermo Fisher Scientific). Brightfield

638   live imaging is conducted using an inverted epifluorescence microscope (Zeiss Axio Observer

639   Z1; Carl Zeiss MicroImaging) enclosed in an environmental incubator (XL S1 incubator, Carl

640   Zeiss MicroImaging), maintaining cell culture at 37°C and 5% CO$_2$. Fluorescence live imaging

641   is conducted using an Olympus FV1200 confocal microscope equipped with a TOKAI HIT

642   stage-top incubator to maintain cell culture at 37°C and 5% CO$_2$. For z-stacking of fluorescence

643   live imaging, images with a slice thickness of 5 µm are acquired.

644

645   **Morphology quantifications**

646   To quantify somite morphology, only rosette structures that show discernable outer and inner

647   surfaces of the enveloping epithelium layer are selected. In ImageJ, an outline is manually

648   drawn along the outer surface of rosettes, and morphological features such as area and circularity

649   are automatically computed and extracted through the Measurement function of ImageJ.

650

651   **RNA isolation and RT-qPCR analysis**

652   On Day 5, the PDMS structural layer is first removed from the microfluidic device. µSDM

653   tissues remaining on the PDMS micro-trench layer are cut into three even segments using a

654   surgical scissor. RNA from each tissue segment is extracted using RNeasy mini kit (Qiagen)

655   following the manufacturer's instructions. A CFX Connect SYBR Green PCR Master Mix

23

656 system (Bio-Rad) is used for RT-qPCR. An arbitrary Ct value of 40 is assigned to samples in

657 which no expression is detected. Relative expression levels are determined as $2^{-\Delta\Delta Ct}$ with the

658 corresponding s.e.m. Human GAPDH primer is used as endogenous control. All fold changes

659 are defined relative to undifferentiated H9 hESCs. All analyses are performed with at least three

660 biological replicates and two technical replicates. All primers are obtained from Ref[8,19,38] and

661 listed in **Key resources table**.

662

663 **Single-cell dissociation and RNA-sequencing**

664 To dissociate μSDM tissues into single cells, the PDMS structural layer is first removed from the

665 microfluidic device, to expose and release μSDM tissues from micro-trenches. μSDM tissues

666 are first cut into small pieces using a surgical knife and then incubated with Accutase for 2 - 3 h

667 to obtain dissociated single cells. For scRNA-seq analysis of μSDM tissues at different time

668 points, dissociated single cells from Day 2, 3, 4 and 6 μSDM tissues are harvested from 18

669 μSDM tissues. Dissociated single cells are collected into PBS containing 1% BSA before being

670 centrifuged at 300 g for 5 min. Resultant cell pellets are re-suspended into single cells in PBS

671 containing 1% BSA. Within 1 h after cell dissociation, cells are loaded into the 10× Genomics

672 Chromium system (10× Genomics). 10× Genomics v.3 libraries are prepared according to the

673 manufacturer's instructions. Libraries are then sequenced using paired-end sequencing with a

674 minimum coverage of 20,000 raw reads per cell using Illumina NovaSeq-6000. ScRNA-seq data

675 are aligned and quantified using Cell Ranger Single-Cell Software Suite (v.3.1.0, 10× Genomics)

676 against the Homo sapiens (human) genome assembly GRCh38.p13 from ENSEMBL.

677

678 **Data integration, dimensionality reduction, and clustering**

679 Analysis of scRNA-seq data and integration of scRNA-seq datasets are performed using R

680 package Seurat (v.3.0.0.0, https://satijalab.org/seurat/)[39]. Default setups in Seurat are used unless

681 noted otherwise. Briefly, each scRNA-seq dataset is filtered first based on the total number of

682 genes detected and the percentage of total mitochondrial genes. Gene expression is then

683 calculated by normalizing the raw count with the total count before multiplying by 10,000 and

684 log-transformed. Top 2,000 highly variable genes are identified for each dataset using

685 FindVariableFeatures. Datasets from different time points are then merged together. Cell cycle

686 is regressed out based on cell cycle scores using CellCycleScoring during the data scaling

687   process using SCTransform. PCA analysis (RunPCA) is then performed on filtered data

688   followed by embedding into low dimensional space with Uniform Manifold Approximation and

689   Projection (UMAP; RunUMAP) using dim 1:50, min.dist = 0.3, and n.neighbors = 5.

690   Identification of cell clusters by a shared nearest neighbor (SNN) modularity optimization-based

691   clustering algorithm is achieved using FindClusters with a resolution 0.2. To integrate multiple

692   scRNA-seq datasets, count matrices of different datasets are first filtered and normalized

693   separately before being integrated using IntegrateData. Integrated scRNA-seq dataset is

694   analyzed following the standard Seurat pipeline. Annotation of cell clusters is based on

695   expression of canonical lineage marker genes. The neural cluster identified is removed from

696   further analysis. Differentially expressed genes (DEGs) are identified using FindAllMarkers,

697   with min.pct = 0.1 and logfc.threshold = 0.25. Identified DEGs and their expression levels are

698   summarized in **Supplementary Table 1**. Dot plots and feature plots are generated using DotPlot

699   and FeaturePlot in Seurat, respectively. Heatmaps are plotted based on relative expression (Z-

700   score) of top-20 gene signatures to distinguish each cell cluster under comparison.

701

RNA velocity analysis

703   FASTQ files generated by the Cell Ranger pipeline are used for RNA velocity analysis. Genome

704   annotations GRCh38 are used for counting spliced and unspliced mRNA in each single cell.

705   First, loompy fromfq is applied, with human genome assembly GRCh38 passed as an annotation,

706   to generate the loom files containing both spliced and unspliced mRNA counts. Python package

707   UniTVelo (v.0.2.2, https://unitvelo.readthedocs.io/en/latest/) is adopted to perform RNA velocity

708   analysis[40]. Function 'scv.pl.velocity_embedding_stream' is used to project RNA velocities onto

709   UMAP plots. All default parameters are used unless noted otherwise.

710

Trajectory inference and pseudotime analysis

712   R-package Slingshot is used for trajectory inference of the PSM-somitic cell lineage

713   development[41]. Specifically, the merged dataset in Seurat is used as input to Slingshot. The

714   rPSM cluster is assigned as the starting cell state. To visualize gene expression dynamics,

715   expression levels of selected genes are first plotted along the pseudotime trajectory, and then

716   fitted onto principal curves, which are further plotted as a function of pseudotime using

717   plotSmoothers.

25

718

Comparison with monkey data

720   Three cell clusters ("PSM", "Somitomere", which is renamed in this study as "Nascent somite",

721   and "Early somite") are chosen from the scRNA-seq dataset of a CS11 monkey embryo[16].

722   Monkey gene names are first projected to human ortholog gene names before the monkey dataset

723   is integrated with the µSDM dataset using function IntegrateData with normalization.methd =

724   "SCT". UMAP embedding is then computed with first 30 principal components. Pearson's

725   correlations between cell clusters from the monkey CS11 dataset and the merged µSDM dataset

726   are calculated using function cor.

727

Theoretical modeling of somite boundary formation

729   Given the physical similarity between somite segmentation and mechanical fracture, a fracture

730   mechanics-based theory is developed to rationalize somite boundary formation process (**Fig. 4a**).

731   In the model, the PSM is regarded as a homogeneous one-dimensional rod with length L, cross-

732   sectional area A and *Young*'s modulus E. At the rostral end of the PSM tissue, a somite forming

733   region with length d experiences an eigen-strain $\varepsilon^* < 0$, resulted from MET-induced cellular

734   compaction. Specifically, a negative eigen-strain, describing an inelastic shrinking deformation,

735   is resulted from tissue re-organization, which can persist under stress-free condition. Assuming

736   that the PSM rod is fixed on both its ends, a simplification of the *in vivo* boundary condition

737   resulted from tissues surrounding the PSM and somites, the strain energy in the entire PSM is

738   calculated as $\psi^e(d) = EA(\varepsilon^*)^2 d^2 / (2L)$. When a somite segmentation is initiated, a nascent

739   somite delaminates from the rostral PSM region, releasing strain energy. However, this nascent

740   somite formation leads to additional surface energy associated with newly generated somite and

741   PSM interfaces as $\psi^s = 2\gamma A$, in which γ depicts surface energy density (surface tension). For

742   somite boundary formation to initiate, the criterion of $\psi^e(d) \geq \psi^s$ needs to be satisfied, leading to

743   a critical somite segment length $d = [4\gamma L / E(\varepsilon^*)^2]^{1/2}$. Thus, our theoretical model predicts a

744   scaling relation between somite length d and PSM tissue length L as $d / \lambda \sim (L / \lambda)^{1/2}$, where $\lambda =$

745   $4\gamma / E(\varepsilon^*)^2$, and longer PSM tissues generate larger somites.

746

In vivo data extraction and model fitting

26

748   To validate the theoretical scaling law that correlates somite length scale with PSM length scale,

749   data about somite and PSM sizes in zebrafish[28,30], chicken[19,29], and mouse[8,27] embryo are

750   extracted using software WebPlotDigitizer. For data in which PSM length and somite size are

751   reported separately[27,30], they are combined by correlating the associated developmental stages.

752   Also, for the 1D-rod assumption in our theoretical model to hold for the PSM tissue, it's

753   necessary for the aspect ratio of the rod (or the PSM tissue) to be ≥ 5. Since the aspect ratio of

754   somites *in vivo* is close to 1, in this work we only include data in which the PSM tissue length is

755   at least five times of the nascent somite size.

756

757   ***Young*'s modulus measurement by AFM**

758   AFM force-distance (F-D) measurements are conducted using a TT-AFM (AFMWorkshop,

759   South Carolina, USA) and AFM probes with a 2-µm diameter bead tip and manufacturer-

760   calibrated spring constant of 0.064 N m^{-1} (NovaScan, Iowa, USA). Measurements are taken at 1

761   mm spacing along the length of µSDM tissues, with µSDM tissue samples moved between

762   locations using a manual Vernier micrometer. Approximately 10 F-D curves are collected at

763   each location along µSDM tissues, and those curves with effective loading are used for analysis.

764   QPD sensitivity is determined in fluid by collecting F-D curves on a stiff PDMS surface. F-D

765   curves are analyzed using AtomicJ[42]. Prior to the AFM measurements, the tissues are imaged

766   with bright field microscope, and the regions without rosette formation is designated as the PSM

767   regime.

768

769   **Calculation and comparison of surface energy density**

770   Model fitting using *in vivo* and *in vitro* data of somite and PSM sizes allows us to determine the

771   value of λ. To examine the physiological relevance of λ, we can compare the surface energy

772   value γ deduced from λ with the measured value from zebrafish mesoderm. By linearly

773   interpolating AFM measurements along the tissue length, the average *Young*'s modulus E of the

774   PSM tissue is about 0.74 kPa (**Fig. 4c**). The mean relative areal reduction of a forming somite

775   recorded via live imaging is about 14.6% (**Fig. 4d**). Since we only consider tissue shrinkage of a

776   forming somite along the R-C axis, the associated eigen-strain can be approximated as $\varepsilon^{*} \approx$ -

777   14.6% / 2 = -7.3%. Given $\lambda = 4.41$ µm from data fitting in **Fig. 4b**, we could determine the value

778   of the surface energy density γ as 4.4 pN µm^{-1}.

779   In a recent work by Maître *et al.*[32], surface energy of zebrafish mesoderm is

780   deconstructed into three parts, including cortical tension on cell-medium interface γ_{cm}, cortical

781   tension on cell-cell interface γ_{cc}, and adhesion energy on cell-cell interface ω. The total energy

782   associated with formation of somite boundary with area A can thus be written as $\psi^s = 2\gamma A = (2\gamma_{cm}$

783    $- 2\gamma_{cc} - \omega)A = 2\gamma_{cm}(1 - \gamma_{cc} / \gamma_{cm} - \omega / 2\gamma_{cm})A$. Based on Maître *et al.*[32], for zebrafish mesoderm, γ_{cm}

784    $= 50$ pN μm^{-1}, $\gamma_{cc} / \gamma_{cm} = 0.65$, and $\omega / 2\gamma_{cm} = -0.06$, which produces an effective $\gamma = 20.5$ pN μm^{-}

785   ^{1}.

786

Mechanical stretching of μSDM

788   A custom-developed cell stretching device (CSD)[43] is employed to stretch μSDM tissues along

789   their R-C axis direction (**Supplementary Fig. 4a**). Specifically, before the microfluidic device

790   assembly, the PDMS micro-trench layer is attached to the CSD through plasma treatments on

791   both the bottom surface of the PDMS micro-trench layer and the top surface of the CSD. The

792   PDMS structural layer is then attached to the PDMS micro-trench layer, and μSDM tissue

793   culture protocols proceed in the same way as previously described. On Day 5, the PDMS

794   structural layer is removed from the device, and a mechanical loading with a 4-h period is

795   applied to μSDM tissues inside micro-trenches for 24 h (**Supplementary Fig. 4c&d**). During

796   this tissue stretching period, μSDM tissues are cultured in basal medium. To apply mechanical

797   stretching of μSDM tissues, a trapezoidal voltage wave generated by a wave generator is

798   converted to trapezoidal wave of vacuum pressure through a vacuum regulator (SMC

799   Pneumatics, ITV0090). The trapezoidal wave of vacuum pressure is then loaded into the CSD to

800   achieve uniaxial and periodical stretching of μSDM tissues inside micro-trenches

801   (**Supplementary Fig. 4b**). On Day 6, μSDM tissues are fixed and processed for imaging. When

802   fluorescence imaging is finished, the entire CSD device is placed under a brightfield microscope

803   while the same vacuum pressure loading is applied. By measuring lengthening of micro-

804   trenches, mechanical strain of μSDM tissues under different vacuum pressures are determined

805   (**Supplementary Fig. 4d**).

806

Drug inhibition assays

808   For drug inhibition assays to block μSDM development, ADH-1 (0.2 mg mL^{-1}, AdooQ

809   Bioscience), cytochalasin D (10 μM, Tocris), and Y27632 (10 μM, Tocris) are supplemented to

810   both rostral and caudal reservoirs of the microfluidic device between Day 3 and 5. In

811   blebbistatin assays, blebbistatin (10 µM, Sigma Aldrich) is supplemented to both reservoirs

812   between Day 1 and 5. All µSDM tissue samples are fixed on Day 5. All small molecules used

813   in this study are listed in **Key resources table**.

814

815   **QUANTIFICATION AND STATISTICAL ANALYSIS**

816   Statistical analyses are performed with OriginPro version 2023b. The statistical analysis method

817   for each experiment is specified in the figure legend. For quantification, samples with air bubble

818   trapped in microfluidic device during cell or gel loading are excluded. Samples with sub-optimal

819   cell deposition on Day 1 are also excluded. No similar platform has been previously reported,

820   thus the criteria were established specifically for this platform. Samples were randomly allocated

821   to control and different experimental groups. However, no particular randomization method was

822   used in this work.

823

824   **SUPPLEMENTARY FIGURE LEGENDS**

825   **Supplementary Figure 1. Culture protocol and characterization of microfluidic somite**

826   **development model (µSDM). a**, Schematics of µSDM device fabrication and its culture

827   protocol. See **Methods** for µSDM design considerations. **b**, Image showing an assembled

828   µSDM device. **c**, (left, top) Characterization of molecular diffusion in µSDM device by

829   supplementing fluorescent dextran to the caudal reservoir. (left, bottom) Representative stitched

830   micrographs showing diffusion of fluorescent dextran inside the microfluidic channel in the

831   caudal (C)-to-rostral (R) direction over time. (right) Plot of fluorescence intensity along the

832   microfluidic channel length over time as indicated. Fluorescence intensity is averaged across the

833   microfluidic channel width. A stabilized fluorescent gradient pattern was established in the

834   microfluidic channel within about 36 h. **d**, Derivation of presomitic mesoderm (PSM) cells from

835   hPSCs. (left) Schematics of PSM differentiation protocol. (middle) Representative

836   immunostaining images showing PSM cells stained positive for HOXC9 and TBX6, but negative

837   for HOXC10, PAX3 or SOX2. (right) Bar plot showing percentage of $TBX6^+$ PSM cells. Data

838   are plotted as the mean ± s.d., with $n = 3$. **e**, Brightfield live imaging to examine cellular

839   dynamics and spontaneous somite formation at the rostral end of a micro-trench over time. A

840   forming boundary on Day 4 is marked by a white box. **f**, Representative stitched confocal image

841   showing consistent rosette propagation from rostral ends of a micro-trench array. **g**,

842   Representative stitched confocal micrographs showing µSDM on Day 4 and Day 6 stained for

843   PAX3 and TBX6. Cell nuclei were counterstained with DAPI. Zoom-in views of three boxed

844   regions are shown at the bottom. **h**, Representative stitched confocal micrographs showing

845   µSDM on Day 5 stained for HOXC9, HOXC10 and TBX6. Cell nuclei were counterstained with

846   DAPI. **i**, Schematic showing dissection of µSDM on Day 5 using a surgical scissor into rostral

847   (R), middle (M), and caudal (C) tissue segments of equal lengths for downstream RT-qPCR

848   analysis. **j**, Bar plots showing normalized expression of different somite and PSM markers as

849   indicated, as a function of the three segments of Day 5 µSDM. $n = 3$, with $n_{µSDM} = 6$. *P* values

850   calculated from two-sample *t*-tests are indicated. Scale bars: 1 mm (**c**); 100 µm (**d & e**); 200 µm

851   (**f**); 200 µm for full-tissue images and 50 µm for zoom-in images (**g**); 200 µm (**h**).

852

853   **Supplementary Figure 2. Development of µSDM using different conditions and cell/tissue**

854   **dynamics during somite formation revealed by live imaging. a**, Representative confocal

855   micrographs showing rostral and caudal ends of μSDM derived from H1 hESC and hiPSC lines

856   on Day 5 stained for PAX3 and TBX6 as indicated. Cell nuclei were counterstained with DAPI.

857   **b**, Bar plot showing spatial regimes of somite formation in μSDM on Day 5 as a function of H9

858   and H1 hESC lines and a hiPSC line. For H9, $n_{μSDM} = 4$; for H1 and hiPSC, $n_{μSDM} = 3$. Data are

859   plotted as the mean ± s.d. **c**, Areas of individual somites in μSDM on Day 5 as a function of H9

860   and H1 hESC lines and a hiPSC line. For H9, $n_{somite} = 86$; for H1, $n_{somite} = 36$; for hiPSC, n_{somite}

861    $= 41$. Boxes and bars indicate interquartile ranges and median values, respectively, and squares

862   and error bars indicate the mean ± s.d. *P* values calculated from two-sample *t*-tests are indicated.

863   **d**, (left) Representative brightfield micrographs showing micro-trenches filled with hPSCs on

864   Day 1 under different cell seeding density conditions as indicated. (right) Representative

865   confocal micrographs showing individual somites in μSDM on Day 5 stained with DAPI under

866   different cell seeding density conditions as indicated. **e**, Bar plot showing spatial regimes of

867   somite formation in μSDM on Day 5 as a function of cell seeding density. For $8 × 10^6$ cells /

868   mL, $n_{μSDM} = 9$; for $15 × 10^6$ cells / mL, $n_{μSDM} = 8$; For $25 × 10^6$ cells / mL, $n_{μSDM} = 8$. Data are

869   plotted as the mean ± s.d. *P* values calculated from two-sample *t*-tests are indicated. **f**, Areas of

870   individual somites in μSDM on Day 5 as a function of cell seeding density. For all conditions,

871    $n_{μSDM} = 4$. For $8 × 10^6$ cells / mL, $n_{somite} = 80$; for $15 × 10^6$ cells / mL, $n_{somite} = 115$; For $25 × 10^6$

872   cells / mL, $n_{somite} = 106$. Boxes and bars indicate interquartile ranges and median values,

873   respectively, and squares and error bars indicate the mean ± s.d. *P* values calculated from two-

874   sample *t*-tests are indicated. **g**, Representative stitched confocal micrographs showing μSDM on

875   Day 5 developed in micro-trenches with different widths stained with DAPI as indicated. Zoom-

876   in views of boxed regions are shown on the right. **h**, Bar plot showing spatial patterns of somite

877   formation in μSDM on Day 5 as a function of micro-trench width. For all conditions, $n_{μSDM} = 3$.

878   Data are plotted as the mean ± s.d. *P* values calculated from two-sample *t*-tests are indicated. **i**,

879   **j**, Areas (**i**) and lateral width (**j**) of individual somites in μSDM on Day 5 as a function of micro-

880   trench width. For all conditions, $n_{μSDM} = 3$. For micro-trench width of 200 μm, $n_{somite} = 39$; for

881   micro-trench width of 300 μm, $n_{somite} = 60$; for micro-trench width of 400 μm, $n_{somite} = 74$.

882   Boxes and bars indicate interquartile ranges and median values, respectively, and squares and

883   error bars indicate the mean ± s.d. *P* values calculated from two-sample *t*-tests are indicated. **k**,

884   Representative stitched confocal micrographs showing μSDM on Day 5 stained with DAPI.

885   Different FGF8 conditions were used for μSDM development as indicated. Somite formation

886   regions are marked by while bars. Scale bar, 200 μm. **l**, Bar plot showing spatial regimes of

887   somite formation in μSDM on Day 5 as a function of FGF8 concentration in the caudal reservoir.

888    $n_{\mu SDM}$ = 7 (50 ng/mL) and $n_{\mu SDM}$ = 8 (200 ng/mL). Data are plotted as the mean ± s.d. *P* values

889   calculated from two-sample *t*-tests are indicated. **m**, Areas of individual somites in μSDM on

890   Day 5 as a function of FGF8 dose in the caudal reservoir. For both conditions, $n_{\mu SDM}$ = 3. For

891   FGF8 dose of 50 ng/mL, n_{somite} = 105; for FGF8 dose of 200 ng/mL, n_{somite} = 73. Boxes and bars

892   indicate interquartile ranges and median values, respectively, and squares and error bars indicate

893   the mean ± s.d. *P* values calculated from two-sample *t*-tests are indicated. **n**, Brightfield

894   imaging of the rostral region of a single μSDM between Day 4 and 6, revealing spontaneous

895   somite formation, beginning rostrally and extending caudally. **o**, Spatiotemporal distributions of

896   the area (top) and circularity (bottom) of individual somites in the same single μSDM between

897   Day 4 and 6 based on brightfield imaging. Each data point is from a single somite. **p**, Dynamic

898   evolvements of area (top) and circularity (bottom) of individual somites between Day 4 and 6.

899   Each light grey line represents an individual somite while black line shows the mean value.

900   n_{somite} = 12. **q**, Confocal imaging of a H2B reporter line revealing sagittal view of cell dynamics

901   in a forming somite close to the rosette front, which shows cellular compaction and

902   reorganization, leading to the formation of a somite with an epithelial appearance and a closely

903   packed circumferential ring of columnar-shaped cells, elongated in the radial direction. The

904   rostral and caudal ends of the forming somite are marked by dashed lines. **r**, Confocal imaging

905   of growth dynamics of a newly formed somite, showing dynamic cell movements and division

906   within the somite epithelial ring. **s**, Confocal imaging of a formed somite showing centripetal

907   movement of cells from the somite epithelium to the mesenchymal core of cells in the

908   somitocoel. Red triangles mark movements of individual cells whereas blue triangles mark

909   movements of cell clusters from the somite epithelium towards the somitocoel. Scale bars, 100

910   μm (**a**, **n**, **q** & **r**); 200 μm (brightfield images) and 100 μm (staining images) (**d**); 200 μm (full-

911   tissue) and 100 μm (zoom-in) (**g**); 200 μm (**k**); and 10 μm (**s**).

912

913   **Supplementary Figure 3. scRNA-seq analysis of marker expression in μSDM. a**, (top)

914   UMAP embedding of integrated single-cell transcriptome dataset of μSDM on Day 2, Day 3,

915   Day 4 and Day 6, color-coded by cell identity annotation (top left) and pseudo-time (top right).

916   (bottom) Feature plots showing expression patterns of key genes involved in the somitogenesis,

917   including markers of the PSM, somite, sclerotome and dermomyotome as indicated. **b**, Heatmap

918   of top-20 differentially expressed genes among all identified mesodermal lineages in μSDM.

919   Color bar above the heat map indicates cell identity. **c & d**, Dot plots showing expression of

920   *HOX*5-12 and RA and FGF signaling-related genes across different cell clusters in μSDM. Dot

921   sizes and colors indicate proportions of cells expressing corresponding genes and their averaged

922   scaled values of log-transformed expression, respectively. **e**, Expression levels of selected genes

923   are fitted to principal curves to show general trends of their regulation. **f.** (top left) UMAP

924   projection of integrated scRNA-seq dataset from μSDM and somitogenesis-related cells from a

925   CS11 monkey embryo[16]. (top middle and right) UMAP projections of datasets from μSDM and

926   the CS11 monkey embryo, separated from the integrated UMAP plot, with cell identity

927   annotations indicated. (bottom) Feature plots comparing expression patterns of key PSM and

928   somite markers in μSDM and the CS11 monkey embryo as indicated. cPSM, caudal PSM;

929   rPSM, rostral PSM; N-SM, nascent somite; E-SM, early somite; SM, somite.

930

931   **Supplementary Figure 4. Mechanical stretching of μSDM. a**, (left) Experimental setup of a

932   uniaxial cell stretching device (CSD) with a circular viewing aperture surrounded by a vacuum

933   chamber. Two identical PDMS supports inserted symmetrically in the vacuum chamber divide

934   the chamber into two identical vacuum compartments. (right) A bipolar suction generated by

935   vacuum creates a uniaxial stretching field in the central region of a PDMS basal membrane, on

936   which micro-trenches and μSDM are integrated for dynamic mechanical stretching. Please note

937   that the length of μSDM (the R-C axis) is aligned to be parallel to the uniaxial stretching field.

938   **b**, Brightfield images showing micro-trenches before and under mechanical stretching. Scale

939   bar, 1 mm. **c**, Trapezoidal wave of vacuum pressure with a period of 4 h used for inducing

940   μSDM stretching. **d**, Protocol for μSDM stretching experiments. μSDM tissues are maintained

941   in basal medium and mechanically stretched between Day 5 and 6 for a period of 24 h, before

942   being fixed and stained. After fluorescent imaging, μSDM tissues were stretched again under a

943   brightfield microscope to measure applied strains. **e**, Schematic representation of generation of

944   *TCF15*-KO hESCs using CRISPR/Cas9 genome editing. (left top) Targeted exon 1 (E1) of

945   *TCF15* is shown in red and untargeted exon 2 (E2) is in black. gRNAs are designed to target the

946   promoter region of *TCF15* and downstream intron of exon 1 as indicated. (left bottom)

947   Sequencing results of control and *TCF15*-KO hESCs. (right) PCR validation of gene deletions.

SUPPLEMENTARY VIDEOS

Supplementary Video 1. Spontaneous somite formation in µSDM, beginning rostrally and extending caudally. Time stamps indicate culture hours. Scale bar, 100 µm.

Supplementary Video 2. Cell dynamics in a forming somite in µSDM. Confocal imaging of a H2B reporter line shows cellular compaction and reorganization in a forming somite, leading to the formation of a somite with an epithelial appearance and a closely packed circumferential ring of columnar-shaped cells, elongated in the radial direction. Time stamps indicate culture hours. Scale bar, 100 µm.

Supplementary Video 3. Growth dynamics of a newly formed somite in µSDM. Confocal imaging of a newly formed somite shows a gradual increase of somite area, together with dynamic cell movements and division within the somite epithelial ring. Time stamps indicate culture hours. Scale bar, 100 µm.

Supplementary Video 4. Dynamics of somitocoel cells in µSDM. Confocal imaging of a formed somite showing centripetal movement of cells from the somite epithelium to the mesenchymal core of cells in the somitocoel. Time stamps indicate culture hours. Scale bar, 100 µm.

Supplementary Video 5. Oscillation and traveling waves of *HES7* signals in µSDM. Confocal imaging of a *HES7* reporter line shows oscillation and traveling waves of HES7 signals along the R-C axis of µSDM. Time stamps indicate culture hours. Scale bar, 200 µm.

34

SUPPLEMENTARY TABLES

Supplementary Table 1. List of differentially expressed genes identified from scRNA-seq data of μSDM. Expression levels of the genes are used to generate the heatmap in **Supplementary Fig. 3b**.

Supplementary Table 2. List of genes used for calculating correlations between cell clusters identified from μSDM and *cy* monkey embryo.

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978

979

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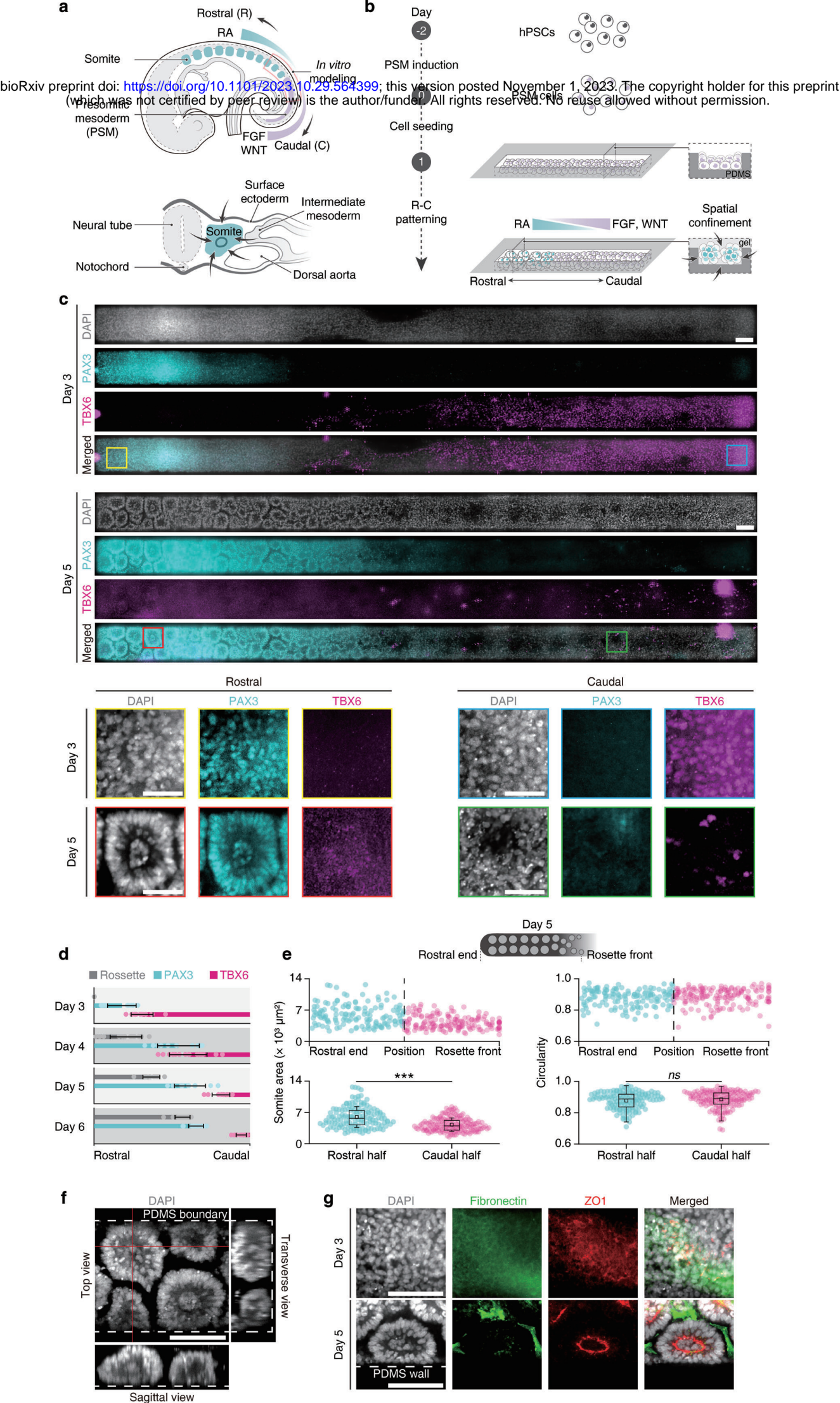1072   (2014).

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Figure 1

Figure 2

Figure 3

Figure 4